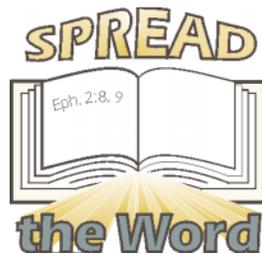


LIFE IS NOT WORTH LIVING

taken from
Psalm 130

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LIFE IS NOT WORTH LIVING

Maybe circumstances and conditions in your life at this time have forced you to the point that you feel there is no use in going on living. You are in such deep distress that you have no interest in life at all. When trouble comes into one's life, it is very easy to get to feel that way. We can all understand that, humanly speaking.

David understood the same thing. As we look at the passage concerning this problem, we can learn the antidote for that type of feeling – the antidote for distress. In Psalm 130 David said in verse 1, “*Out of the depths have I cried unto Thee, O Lord.*”

David was in a deep despair and distress, so he cried out unto God in spiritual agony. David isn't the only example that we find in Scripture. The Bible gives many examples of men in distressing conditions.

Daniel cried out to God from the lions' den. The three Jewish boys cried out to God when Nebuchadnezzar threw them into the furnace heated seven times hotter than usual. Jonah cried out to God from the belly of a whale. We all have “lions' den” experiences, and fiery furnaces and “belly of the whale” experiences.

Here in our passage we find David crying out to God from the depths of despair. We find that God always heard and answered those prayers. **God will hear you when you cry out to Him from the deep pit of distress and despair that you are in right now.** Verse 2, “*Lord, hear my voice: let Thine ears be attentive to the voice of my supplications.*” David recognized a fact that we all should take into consideration. He realized that the distress and despair he was suffering was due to his own carelessness because he said in verse 3, “*If Thou, Lord, shouldest mark iniquities, O Lord, who shall stand?*”

In other words, God's answer to man's prayer is not based on the fact that man does not have iniquity (sin) in his heart. Perhaps, the terrible condition you are in is due to

your failure. Perhaps it is not. I don't know. You may feel that you have not lived a life good enough to cause God to answer your prayer. If you do feel this way, remember this. If God marks iniquity, then God is not going to answer anybody's prayer, because we have all done wrong things.

We find very plainly in 1 John 1:8, “*If we say that we have no sin, we deceive ourselves and the Truth is not in us.*” We also find that the Word says, “*We have all sinned and come short of the glory of God,*” Romans 3:23. We find in Job that there is “*not a just man on Earth that does good and does not sin.*”

Don't let your iniquity prevent you from crying out to the Lord because we find in the very next verse, verse 4, that David said, “*But there is forgiveness with Thee, that Thou mayest be feared.*” **Yes, God will forgive you.** All you have to do is cry out unto the Lord, realizing you have sinned and confess your failure to Him. “*He is faithful and He is just to forgive you of your sins and cleanse you from all unrighteousness,*” 1 John 1:9.

After you have cried out to the Lord for forgiveness of sin, what are you to do? David said in verse 5, “*I wait for the Lord, my soul doth wait, and in His Word do I hope.*” **Wait on the Lord. Put your hope, your confidence in His Word. Don't be distressed any longer. You won't be distressed or disturbed with your condition if you are waiting, trusting, for the Lord to work and having confidence in what He has promised.**

Don't be influenced by what people say. People have come to all of us at one time or another and have said, well, I went to see So-n-so and they told me this and that. Did it help you? Then they say they weren't helped. Don't you make the same mistake. Forget what people say and trust only in what the Lord says.

Because David was depending upon the Lord and had his confidence in what the Lord had promised, he said in verse 6, “*My soul*

waiteth for the Lord more than they that watch for the morning: I say, more than they that watch for the morning." Just as a man knows when he wakes up and it is still dark that it is going to be light before long, David knew that without a doubt, the Lord was going to answer his prayer.

For example, a man going fishing, or going to play an early game of golf, or a man starting off on a long trip, will wait and watch for the morning so that he can go about what he has planned to do. David said his soul waited for the Lord more than that person who waited for the morning. Just as certain as a man is that the sun is going to rise, **David was certain and had the assurance that the Lord was going to answer his prayer and he was waiting for the Lord to do so.**

Cry out to the Lord when you are in distress. Put your hope, your confidence, your trust in what the Word has to say, what the Lord says. Then wait for the Lord to answer your prayer. **It is going to be answered.** Just as certain as there is going to be a morning, your prayer is going to be answered. So, wait for the Lord. God is gracious to those who wait for Him. When you do that, you will have the confidence that the Lord will answer your prayer and your condition will no longer distress you.

Psalm 40, *"I waited patiently for the Lord; and He inclined unto me, and heard my cry. He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings. And He put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the Lord."*

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